

*It is not just how much you have drunk that affects your BAC. Your weight plays a major part too.*

*If you are not sure whether you are over the limit, then don't drive.*

*However, even if you just have one 12-oz beer an hour, you still might be over the limit.*

*In all US states, it is illegal to drive with a BAC of 0.08g/dL or above.*

*In addition, if a woman drinks the same as a man, her BAC will usually be higher than his.*

*Your BAC will be higher if you don't eat anything while you are drinking.*

*Source: NHTSA's 2006 Traffic Safety Annual Assessment - Alcohol-Related Fatalities, August 2007*